



Dina & Tilly would like you to join Remind for updates about Life Teen.

Remind is a free app that lets you communicate with your teachers – right from your phone.

Get the free Remind app

1. Download the Remind app from



or



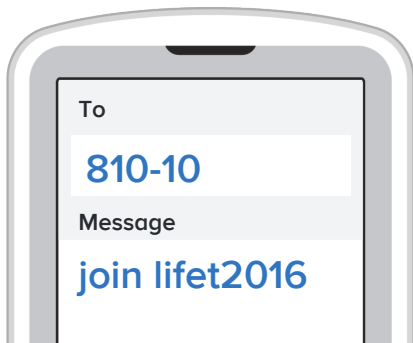
2. Sign up for an account and enter the code **lifet2016** to join Life Teen.



Or, sign up for text updates

Text **810-10** with the words "**join lifet2016**" to get updates from Dina & Tilly via text message.

Having trouble with 810-10?
Try texting the words "join lifet2016" to (972) 853-7777.



Don't have a mobile phone?

Go to this link in your browser to receive messages via email: rmd.at/lifet2016